MONDAY	TUESDAY	WEDNESDAY		THURSDAY	FRIDAY	
HAPPY NEW YEAR 1	2		3	4		5
Center Closed	Stuffed Pepper	Vegetarian Lasagna		Crispy Baked Chicken Legs	Macaroni and Cheese	
	Whole Grain Rice	Garlic Bread		Whole Grain Corn Muffin with Butter	Vegetarian Baked Beans	
	Mixed Green Salad w Italian Dressing	Italian Blend		Steamed Collards	Zucchini	
	Cornbread w Margarine	Mushrooms		Creole Style Black Eyed Peas	Stewed Tomatoes	
	Green Beans	Apple Crisp		Cherry Cobbler	Grapes	
	Fresh Cut Melon	Milk		Milk	Milk	
8	9		10	11		12
Honey Lime Chicken	Grilled Flounder	Center Closed for field trip		Chili con Carne	Roast Turkey with gravy	
Hoppin John	Whole Grain Wild Rice			Whole Grain Corn Muffin with Butter	Whole Grain Roll with Butter	
Whole Grain Roll with Butter.	Broccoli			Italian Blend	Mashed Potatoes	
Brussel sprouts	Honey Roasted Carrots			Hot Fruit Compote	Green Beans	
Pears	Orange			Milk	Baked Apple Slices	
Milk	Milk				Milk	
Martin Luther King Day 15	16		17	18		19
Center Closed	Cheese Manicotti in a Tomato Basil	Meatloaf with gravy		Jerk Chicken	Beef Stroganoff	
	Sauce	Whole Grain Roll with Butter		Caribbean Yellow Rice	string cheese	
	Garlic Mushrooms	Garlic Mashed Potatoes		Sweet Potatoes	Whole Grain Egg Noodles	
	Peas	Collard Greens		Caribbean Curry Beans	Yellow Squash	
	Peaches	Fresh Melon		Grapes	Brussels Sprouts	
	Milk	Milk		Milk	Banana	
					Milk	
22	23		24	25		26
Riblet with BBQ Sauce	Chicken and Dumplings	Korean Beef over Quinoa		Breaded Fish Filet	Oven Baked Chicken Legs	
Whole Grain Cornbread with	Dumplings	Whole Grain Roll with Butter		Whole Grain Bun	Corn Bread	
Butter	Whole Grain Roll with Butter	Green Beans		Beets	Fiesta Corn	
Roasted Red Potatoes	Steamed Kale	Butternut Squash		Baked Sweet Potatoes with apples	Mix Vegetable	
Italian Blend Vegetables	Pineapple	Grapes		Clementine	Pear	
Apple Crisp	Milk	Milk		Milk	Milk	
Milk						
29	30		31			
Vegetable Soup	Beef Tamale Pie with Cornbread					
String Cheese	Topping	Center Closed for Field Trip				
Whole Grain Roll	Whole Grain Roll	·				
3 Bean Salad	Spanish Style Greens					
Orange Wedges	Pears					
Milk	Milk					